

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Street Address \_\_\_\_\_ E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

**CONTINUOUS CLASS SCHEDULE** Please see online for Workshops, Prenatal and Series Classes.

DAY	TIME	CLASS	TEACHER
Sunday	10-11:15 a.m.	All Levels Hatha	Gabym
	11:30 a.m.-12:45 p.m.	Gentle/Strength	Gaby
	1-2:15 p.m.	Prenatal Series (selected dates - see online schedule)	Rikki
Monday	9:30-11 a.m.	Intermediate Hatha	Sharon
	5:30-7 p.m.	Intermediate Flow	Melanie
	7:15-8:30 p.m.	Gentle/Beginner	Kirsten
Tuesday	9:30-10:45 a.m.	Beginner Flow	Susan
	6-7:15 p.m.	Gentle Stretch & Body Awareness	Kurtis
	7:30-9 p.m.	Advanced Yogi Playtime	Rachel S.
Wednesday	9:30-11 a.m.	Gentle	Sharon
	6-7:30 p.m.	Intermediate Hatha	Scott
	7:45-9 p.m.	Beginner Hatha	Rachel S.
Thursday	9:30-11 a.m.	Beginner Hatha	Shanti
	5:30-7 p.m.	Intermediate Flow	Nicholas
	7:15-8:45 p.m.	Yoga, Community Acupuncture & Healing Circle	Nicholas
Friday	9:30-11 a.m.	Intermediate Flow	Susan
Saturday	9:30-11 a.m.	Intermediate Hatha	Sharon
	11:30 a.m.-12:45 p.m.	Gentle/Stability	Sharon

The schedule (at left) represents the ongoing classes at Opus Yoga. Some classes MAY be cancelled around holidays, school vacations and/or due to inclement weather or instructor unavailability. Please check the ONLINE schedule for the most up to date classes.

See [opusyogakentlands.com](http://opusyogakentlands.com) for detailed information on teachers, classes, policies and procedures.

Credit Cards accepted online at [opusyogakentlands.com](http://opusyogakentlands.com) and in the studio.

Make checks to "Opus Yoga" and mail to:  
Opus Yoga  
257 Market Street West  
Gaithersburg, Maryland 20878

**CLASS PASSES : CHOOSE ONE**

- 1-Year Unlimited Pass \$1300 Includes 5% discount on workshops
- Unlimited Monthly Auto-Withdrawal Pass \$135 per month. Includes 5% discount on workshops
- 100 Class Pass \$1200 - \$12 per class
- 75 Class Pass \$975 - \$13 per class
- 50 Class Pass \$700 - \$14 per class
- 25 Class Pass \$375 - \$15 per class
- 10 Class Pass \$160 - \$16 per class
- 5 Class Pass \$90 - \$18 per class
- New Student 3 \$30 (\$10 per class)
- Drop-in Single Class \$20 (No discount)

Yoga practice and/or specific poses are not recommended for individuals with certain conditions (e.g. cardiac illness, later stages of pregnancy, post-surgery). The student assumes the risk of Yoga practice and releases the teacher(s) and Opus Yoga from any liability claims. I have read the above release and waiver of liability and understand its contents. I agree to the terms and conditions above.

I, \_\_\_\_\_, am participating in Yoga classes, or workshops, at Opus Yoga. I am aware of the physical risks involved with strenuous exercise and understand it is my personal responsibility to consult with my Doctor regarding my participation. I have no medical condition, which would prevent me from taking part in Yoga classes or workshops, and I assume responsibility for any risk or injury I may sustain as a result of my participation. I have read the above release and waiver of liability and understand its contents. I agree to the terms and conditions above.

Signature \_\_\_\_\_

Date \_\_\_\_\_

**ADDITIONAL DISCOUNTS:** 10% discount available on numbered class passes ONLY for MCPS employees and for Seniors age 67+.