

Name _____ Date of Birth _____

Street Address _____ E-mail _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

CONTINUOUS CLASS SCHEDULE Please see online for Workshops, Prenatal and Series Classes.

DAY	TIME	CLASS	TEACHER
Sunday	10-11:15 a.m.	All Levels Hatha	Gaby
	11:30 a.m.-12:45 p.m.	Gentle/Strength	Gaby
Monday	9:30-11 a.m.	Intermediate Hatha	Sharon
	6-7:15 p.m.	Intermediate Flow	Nicholas
	7:30-8:45 p.m.	Yoga & Community Acupuncture	Nicholas
Tuesday	9:30-10:45 a.m.	Beginner Flow	Susan
	6-7:15 p.m.	See Website for assorted Series and Workshops	
	7:30-9 p.m.	Advanced Yogi Playtime	Rachel S.
Wednesday	9:30-11 a.m.	Gentle	Sharon
	6-7:30 p.m.	Intermediate Hatha	Scott
	7:45-9 p.m.	Beginner Hatha	Rachel S.
Thursday	9:30-11 a.m.	Continuing Beginner	Kate
	6-7:15 p.m.	All Levels Flow	Melanie
	7:30-8:45 p.m.	Gentle/Beginner	Kirsten
Friday	9:30-11 a.m.	Intermediate Flow	Susan
Saturday	9:30-11 a.m.	Intermediate Hatha	Sharon
	11:30 a.m.-12:45 p.m.	Gentle/Stability	Sharon

The schedule (at left) represents the ongoing classes at Opus Yoga. Some classes MAY be cancelled around holidays, school vacations and/or due to inclement weather or instructor unavailability. Please check the ONLINE schedule for the most up to date classes.

See opusyogakentlands.com for detailed information on teachers, classes, policies and procedures.

Credit Cards accepted online at opusyogakentlands.com and in the studio.

Make checks to "Opus Yoga" and mail to:
Opus Yoga
257 Market Street West
Gaithersburg, Maryland 20878

CLASS PASSES : CHOOSE ONE	
<input type="radio"/> 1-Year Unlimited Pass	\$1300 Includes 5% discount on workshops
<input type="radio"/> Unlimited Monthly Auto-Withdrawal Pass	\$135 per month. Includes 5% discount on workshops
<input type="radio"/> 100 Class Pass	\$1200 - \$12 per class
<input type="radio"/> 75 Class Pass	\$975 - \$13 per class
<input type="radio"/> 50 Class Pass	\$700 - \$14 per class
<input type="radio"/> 25 Class Pass	\$375 - \$15 per class
<input type="radio"/> 10 Class Pass	\$160 - \$16 per class
<input type="radio"/> 5 Class Pass	\$90 - \$18 per class
New Student 3	\$30 (\$10 per class)
Drop-in Single Class	\$20 (No discount)

Yoga practice and/or specific poses are not recommended for individuals with certain conditions (e.g. cardiac illness, later stages of pregnancy, post-surgery). The student assumes the risk of Yoga practice and releases the teacher(s) and Opus Yoga from any liability claims. I have read the above release and waiver of liability and understand its contents. I agree to the terms and conditions above.

I, _____, am participating in Yoga classes, or workshops, at Opus Yoga. I am aware of the physical risks involved with strenuous exercise and understand it is my personal responsibility to consult with my Doctor regarding my participation. I have no medical condition, which would prevent me from taking part in Yoga classes or workshops, and I assume responsibility for any risk or injury I may sustain as a result of my participation. I have read the above release and waiver of liability and understand its contents. I agree to the terms and conditions above.

Signature _____

Date _____

ADDITIONAL DISCOUNTS: 10% discount available on numbered class passes ONLY for MCPS employees and for Seniors age 67+.